

Set 3

Day 3

FAMILY MORNING FITNESS - 30 minute outdoor brisk walk

LITERACY

Reading – Read/share a story: Please use the Kindergarten Reading Literature Question Stems in the resource pack to support reading a story.

Semantics

Name five things

Ask your child to think of 5 things that fit in each category. Name 5 things that are green. Name 5 animals that live at a zoo. Name 5 things you see in the ocean. Name 5 types of food. Name 5 types of transport. Name 5 things that you find in your house. Name 5 things that make you happy.

Syllables

Body beating

We understand that this is the same activity. However, repetition is very important. Please use the 2 and 3-part syllable cards in your resource pack and ensure that children body beat by tapping their head and then their shoulders. Tell your child the word and get them to body beat the syllables. Ask your child to body their name (please note your child may have more than 3 syllables in their name, if that is the case please follow this body beat structure: heads, shoulders, stomach, knees, toes).

Child initiated play

- Talk to your child about their play (but don't quiz them!). Be a good example for using a rich vocabulary. Don't simplify your selection of words!
- Use your first language (especially if it's not English!)
- Encourage your child to also engage in unstructured play time with their toys.

BREAK

LITERACY

Writing

Name writing

Use the name writing template as supplied by your child's teacher. Please make sure you follow the pencil grip steps and ensure your child uses correct letter formation.

Fine motor

Sponge Squeeze - This game helps your child to build muscles in their hands. It can also help to improve concentration, focus, encourages the development of problem solving skills, as well as being an early volume (measurement) activity. How to play: Fill a tray/tub/deep baking dish/bowl with water. Add a couple of drops of food colouring or detergent if you like. Place a clean sponge in the water and the bowls/cups next to the water. Put the sponge in and allow it to soak up water and then squeeze it to fill the cups or bowls. You may need to show them how to do this once, then let them explore. This is a great activity to do outdoors.



BREAK

MINDFULNESS CHOICES (Please select one of the following)

Cosmic Kids - <https://www.youtube.com/watch?v=fnO-IGEMOXk>

Colouring in (In resource pack)

NUMERACY

Number

Hopscotch

Draw boxes on the pavement or driveway, that are big enough to jump/hop in (see picture attached). Write the numbers 1 - 8 in the boxes. Ask your child to stand at the beginning and hop into the box numbered 1 and then hop into the box numbered 2. Then, with two feet, jump into box 3 and 4. Hop into box number 5 and with two 'feet', jump into boxes 6 and 7 with one foot in each box. Hop into box 8 and then jump out. Repeat!



Patterns

Loose part patterns

Go into your garden or go on a walk and collect some sticks, and rocks or leaves. Take your things and lay out what you have found. Use your found items to make a pattern e.g. stick, rock, stick, rock, stick, rock when you have finished your pattern point to each object and say each item to make sure your pattern is correct. Can you make a different pattern e.g. leaf, stick, leaf, stick, ask your child what comes next.



Child initiated play

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BREAK

Reading - Storyline online

<https://www.storylineonline.net/books/when-a-dragon-moves-in/>

Or read a story to your child/children

MUSIC

Music and Movement

Please see Music instruction sheet in your resource pack

BEDTIME STORY

Choose a book to read with your child and/or family before bed 😊

<p>K & PP</p>	<p>Do this activity indoors or outdoors. There should be enough space for your child to move freely around.</p> <p><u>Online</u> Activity: Listen and move action song: 'Walk and Stop'.</p> <p>1. Watch the video and listen to the song https://watchkin.com/7f521e34a4</p> <p>2. The second time around, walk, shuffle, glide, bounce, tiptoe and walk when it the song tells you to. Stop and freeze when it says STOP. Move when the next verse begins.</p> <p>3. Get your family to join in.</p> <p><u>Offline</u> Activity: Listen and move action rhyme: 'Walk and Stop'.</p>	<p>Instructions for parents: Read the rhyme 'Walk and Stop' out aloud to your child. As you read, your child will follow your instructions with appropriate movements. They will stop and freeze when you say 'Stop'. Tell your child to walk, shuffle, glide, bounce, tiptoe, walk then STOP when you say stop.</p> <p>Well you walk and you walk and you walk and you stop (Pause here. Your child must freeze while you pause) And you walk and you walk and you walk and you stop (Pause) And you walk and you walk and you walk and you stop (Pause) And you walk and you walk and you walk and you stop (Pause)</p> <p>Well you shuffle and you shuffle and you shuffle and you stop (Pause here. Your child must freeze while you pause) And you shuffle and you shuffle and you shuffle and you stop (Pause) And you shuffle and you shuffle and you shuffle and you stop (Pause) And you shuffle and you shuffle and you shuffle and you stop (Pause)</p> <p>Well you glide and you glide and you glide and you stop(Pause here. Your child must freeze while you pause) And you glide and you glide and you glide and you stop (Pause) And you glide and you glide and you glide and you stop (Pause) And you glide and you glide and you glide and you stop (Pause)</p> <p>Well you bounce and you bounce and you bounce and you stop (Pause here. Your child must freeze while you pause) And you bounce and you bounce and you bounce and you stop (Pause) And you bounce and you bounce and you bounce and you stop (Pause) And you bounce and you bounce and you bounce and you stop (Pause)</p> <p>Well you tiptoe and you tiptoe and you tiptoe and you stop (Pause here. Your child must freeze while you pause) And you tiptoe and you tiptoe and you tiptoe and you stop (Pause) And you tiptoe and you tiptoe and you tiptoe and you stop (Pause) And you tiptoe and you tiptoe and you tiptoe and you stop (Pause)</p> <p>Well you walk and you walk and you walk and you stop (Pause here. Your child must freeze while you pause) And you walk and you walk and you walk and you stop (Pause) And you walk and you walk and you walk and you stop (Pause) And you walk and you walk and you walk and you stop (Pause)</p>
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