

## Set 2

### Day 1

#### MORNING MEETING VIDEO

Seesaw

#### FAMILY MORNING FITNESS

Complete the Fitness Monopoly sheet attached.

#### LITERACY

**Daily Reading** - Each morning listen to your child read a book of their choice.

**Phonics** - Go through your Phase 2 and Phase 3 desk mats from the 'Resource Pack'. Remember to give the name of the letter and the sound it makes. When you come across digraphs and trigraphs you need to say the sound that all the letters make together. See the Seesaw video for pronunciation if needed.

Today we are consolidating the 'th' digraph. A digraph is two letters that make one sound. Here is a video that explains what a digraph is: [https://www.youtube.com/watch?v=NK8\\_Tvu6bJk](https://www.youtube.com/watch?v=NK8_Tvu6bJk)

Please watch the videos on 'th': <https://www.youtube.com/watch?v=6hZMjZGNq4g&t=14s>

<https://www.youtube.com/watch?v=6U354eD-hgQ>

After watching the clips, see how many words you can come up with that contain 'th' digraph.

**Reading** - Listen to the story 'The Gruffalo' <https://www.youtube.com/watch?v=LshGQmaJc9I>. Orally retell the story to a family member. Remember to use your full sentences and include the beginning, middle and end of the story. **Epic!** - Don't forget you can log on to Epic and access all the amazing books on there.

**Spelling** - Look, Say, Cover, Write & Check (using the spelling list provided through Seesaw)

#### BREAK

#### LITERACY

**Handwriting** - Complete all lower case and upper-case letters in the plastic sleeve for handwriting (from last week). Make sure you use a texta so you can erase it when finished and reuse it tomorrow.

**Writing** - Complete the Gruffalo character trait sheet. Write some adjectives in the boxes provided that describe the Gruffalo. Some examples of adjectives you may like to include: strong, huge, hairy, brown, slimy, sly, clever. If you would like a refresher on what an adjective is, look at this link: <https://www.youtube.com/watch?v=HWB8rTg0jzQ> \*Challenge if needed: Put each adjective into a sentence inside the boxes provided.

#### BREAK

#### MINDFULNESS CHOICES

Cosmic yoga- Tallulah the Owlet <https://www.youtube.com/watch?v=2aje33UPixE> / Journal Writing / Colouring

#### NUMERACY

**Oral counting** to 100. Click on the link and have fun counting <https://www.youtube.com/watch?v=0TgLf3PMOc&t=3s>

**Basic Facts** - Complete the laminated Number Bonds and counting forwards/backwards activities from the 'Resource Pack'. Look out on Seesaw for your six numbers for the forwards/backwards activity.

If you do not have dice to use, we have attached some for you to make in the 'Resource Pack' (cut, fold and glue/tape together). **Do not throw these out as they will be used for future at home learning activities.**

**Number Facts** - Pairs of numbers that total 10, eg.  $6+4=10$  and  $8+2=10$  (complete sheet). Colour in the rainbow and then use it to follow the coloured arch to find which two numbers equal 10 and complete the number sentences.

#### BREAK

#### ART

Complete the colour wheel activity sheet attached. Use the colour wheel to guide you colouring your turtle. This activity can be found at the back of your file.

**BEDTIME STORY**

Choose a book you could read with your child and/or family before bed 😊

BACK TO  
START

Jumps!  
5 x

Touches!  
8 x

Mountain  
Climbers  
10 x

EVERY  
DOOR IN  
THE  
HOUSE!

JUMPING  
JACKS  
20 x

stretch!  
10 sec

5 x

SKIP TO  
START!

Star Jumps  
7 x

Elbow Plank  
10 sec

10 JUMPING  
JACKS!

Wall Sit  
20 sec

10 ABC Push-  
Ups

15 JUMPING  
JACKS!

V-SIT  
10 sec

20 ABC  
Push-Ups

Arm Circles  
20 x

SKIP 5  
SPACES!

# FITNESS MONOPOLY

-Take turns rolling the dice, moving your game piece, and completing the activity in the square.

-When your piece gets around to the START, get a drink of water and give yourself 1 point!

Elbow  
Plank

10  
JUMPING  
JACKS

Mountain  
Climbers

Butterfly  
stretch!  
10 sec

15  
JUMPING  
JACKS

Squats

Do a  
Burpee in  
your  
bedroom!

V-SIT

ABC PUSH-  
UPS

START

15 JUMPING  
JACKS!

10 ABC  
Push-Ups

Mountain  
Climbers x 14

Star Jumps  
7 x

15 ABC  
Push-Ups

Wall Sit  
15 sec

High Knees  
20 x





10 JUMPING  
JACKS!

Squat Jumps  
7 x



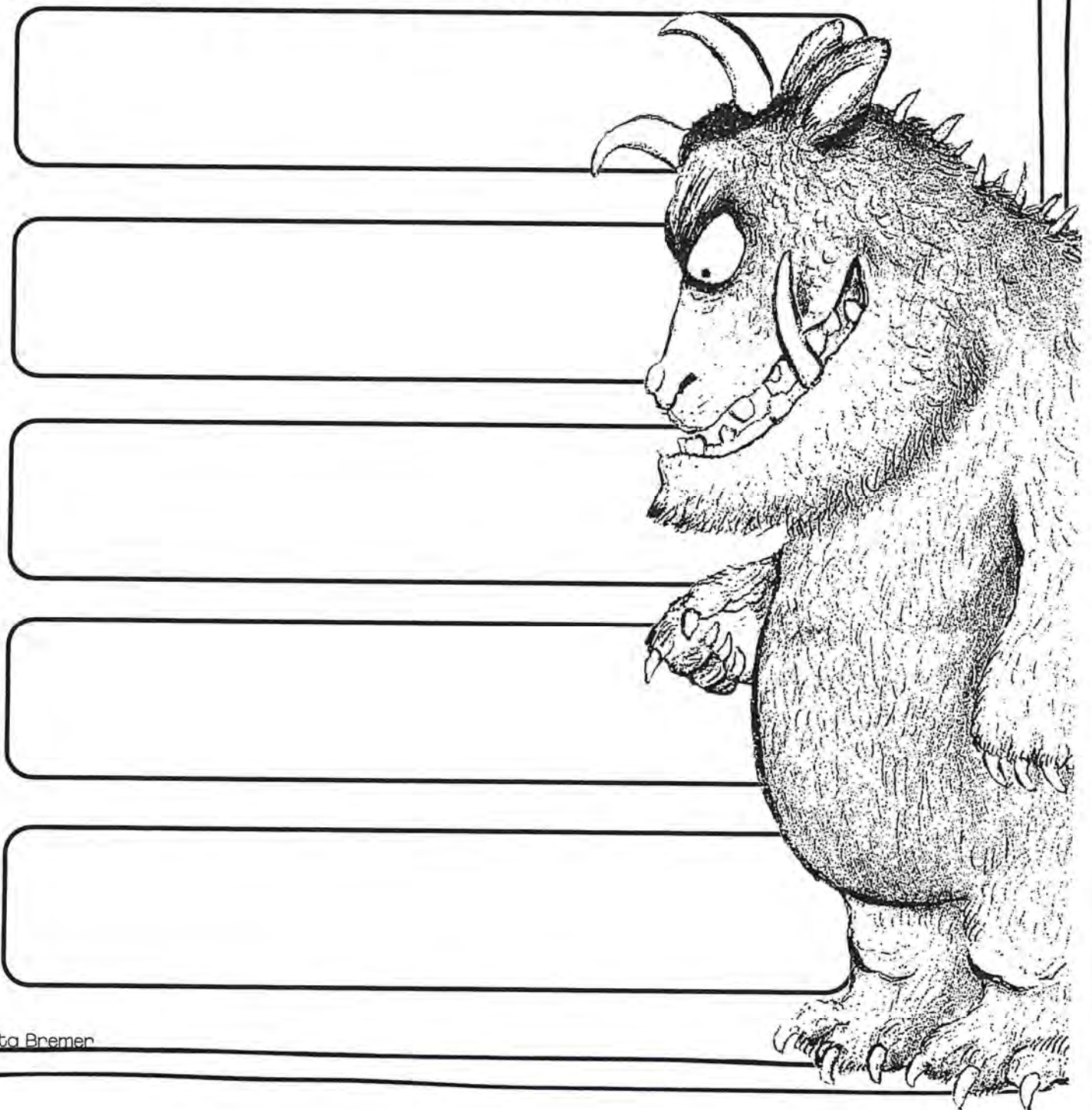
# Look, Say, Cover, Write, Check



 <b>Look, Say, Cover</b>	 <b>Write and Check</b>	 <b>Write and Check</b>	 <b>Write and Check</b>

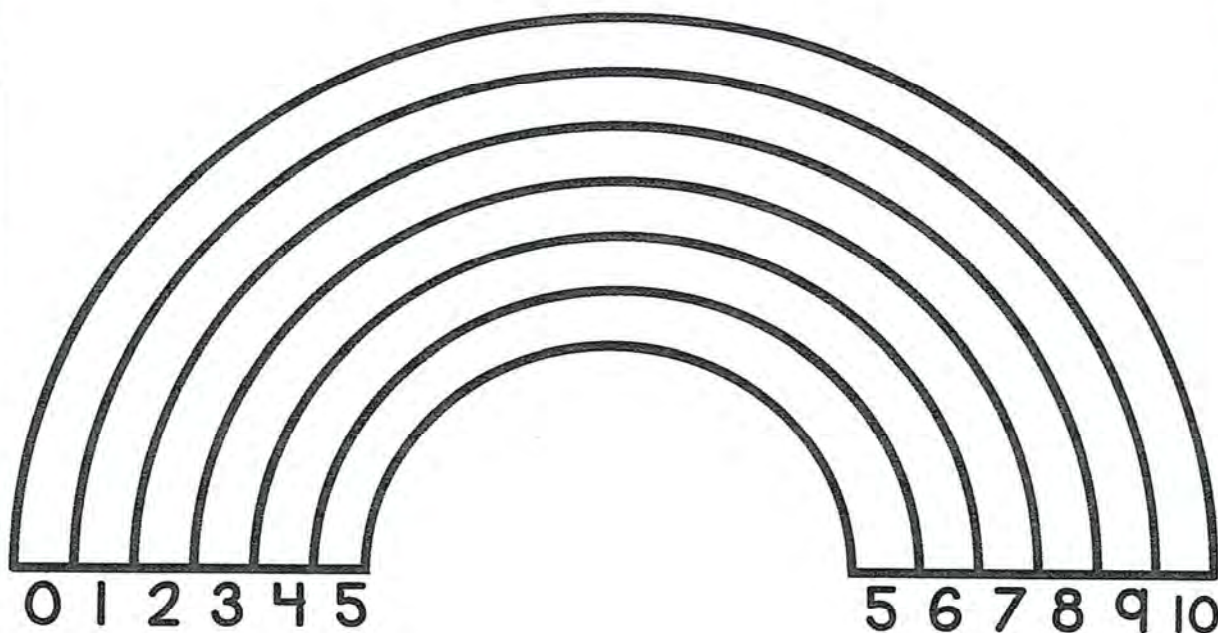
# CHARACTER TRAITS

The Gruffalo



# Rainbow Facts

Rainbow Facts are pairs of numbers  
that total 10



$3 + \underline{\quad} = 10$

$8 + \underline{\quad} = 10$

$0 + 10 = \underline{\quad}$

$5 + \underline{\quad} = 10$

$10 + \underline{\quad} = 10$

$1 + 9 = \underline{\quad}$

$7 + \underline{\quad} = 10$

$\underline{\quad} + 1 = 10$

$2 + 8 = \underline{\quad}$

$\underline{\quad} + 4 = 10$

$\underline{\quad} + 3 = 10$

$3 + 7 = \underline{\quad}$

$1 + \underline{\quad} = 10$

$\underline{\quad} + 5 = 10$

$4 + 6 = \underline{\quad}$

$\underline{\quad} + 9 = 10$

$\underline{\quad} + 8 = 10$

$5 + 5 = \underline{\quad}$

$\underline{\quad} + 2 = 10$

$10 + \underline{\quad} = 10$

$0 + \underline{\quad} = 10$

$\underline{\quad} + 10 = 10$

$6 + \underline{\quad} = 10$

$\underline{\quad} + 6 = 10$

MY SCORE:

24