

# Set 1

## Day 4

### MORNING MEETING VIDEO SeeSaw

#### MORNING FITNESS – Animal movement (See Wake and Shake included in the pack)

**Crab move** Sit and place your palms flat on the floor behind you. Lift your hips up off the ground and walk like a crab!

#### LITERACY

##### Reading

##### **Semantics**

Semantics refers to the meaning of sentences in works and is essential in building oral language skills. Look at Transport Scene included in the pack and discuss the following questions;

- **BEFORE** you show them the picture. Ask your child to tell you types of transport (Things that go)
- **SHOW** them the picture. You say “I can see something that cars drive on”
- **POINT** to firetruck. You say “Tell me 3 things about the firetruck”
- **POINT** to the car and plane. You say “Tell me what is different about the car and the plane
- **REFLECTION** get your child to tell you their favourite part of the picture.

##### Phonological Awareness

##### **Phase 1**

The letters and sounds concentrates on developing children’s speaking and listening skills. The emphasis is to get children listening to the sounds in their environment. Play this video and see if they can recognise the environmental sounds.

[https://www.youtube.com/watch?v=Z2A6Ca\\_HZUQ](https://www.youtube.com/watch?v=Z2A6Ca_HZUQ)

##### Child initiated play

- Talk to your child about their play (but don’t quiz them!). Be a good example for using a rich vocabulary. Don’t simplify your selection of words!
- Use your first language (especially if it’s not English!)
- Encourage your child to also engage in unstructured play time with their toys.

#### CRUNCH & SIP

#### LITERACY

##### Writing

##### **Pre-Writing patterns**

Use the tracing worksheet in your pack to develop directional pushes and pull of a pencil. This will help your child when they begin to form letters during writing.

##### **Name writing**

Use the name writing template as supplied by your child’s teacher. Please make sure you follow the pencil grip steps and ensure your child uses correct letter formation. We would like to see a photo of your child doing this activity.

#### LUNCH

#### MINDFULNESS – Cosmic Kids

<https://www.youtube.com/watch?v=LhYtcadR9nw>

#### NUMERACY

##### Number

##### **Oral counting**

Counting is the simplest number concept that children develop, and it merely consists of counting numbers in order. Use this counting video and ensure that children start at 0 and continue to 10. <https://www.youtube.com/watch?v=85M1yxlcHpw>

##### **Number recognition**

Number recognition is the ability to identify and name basic numerals. Use the flash cards in your pack to play matching pairs; We would like to see a photo of your child doing this activity.

1. Mix up the cards.
2. Lay them in rows, face down.
3. Turn over any two cards.
4. If the two cards **match**, keep them.
5. If they don't **match**, turn them back over.
6. Remember what was on each card and where it was.
7. Watch and remember during the other player's turn.
8. The **game** is over when all the cards have been matched.

##### Child initiated play

- Talk to your child about their play (but don’t quiz them!). Be a good example for using a rich vocabulary. Don’t simplify your selection of words!
- Use your first language (especially if it’s not English!)
- Encourage your child to also engage in unstructured play time with their toys.

#### AFTERNOON RECESS

##### **Reading - Storyline online**

<https://www.storylineonline.net/books/carlas-sandwich/>

## PERSONAL WELLBEING STRATEGIES

### Lesson 2

## WAKE AND SHAKE: ANIMAL EDITION!



Sit and place your palms flat on the floor behind you. Lift your hips up off the ground and walk like a crab!



March on the spot, lifting your knees high and stomping the ground like | an elephant!



Squat down with your hands flat in front of you. Hop around like a frog!



Jump up high and spread your arms and legs wide like a starfish!



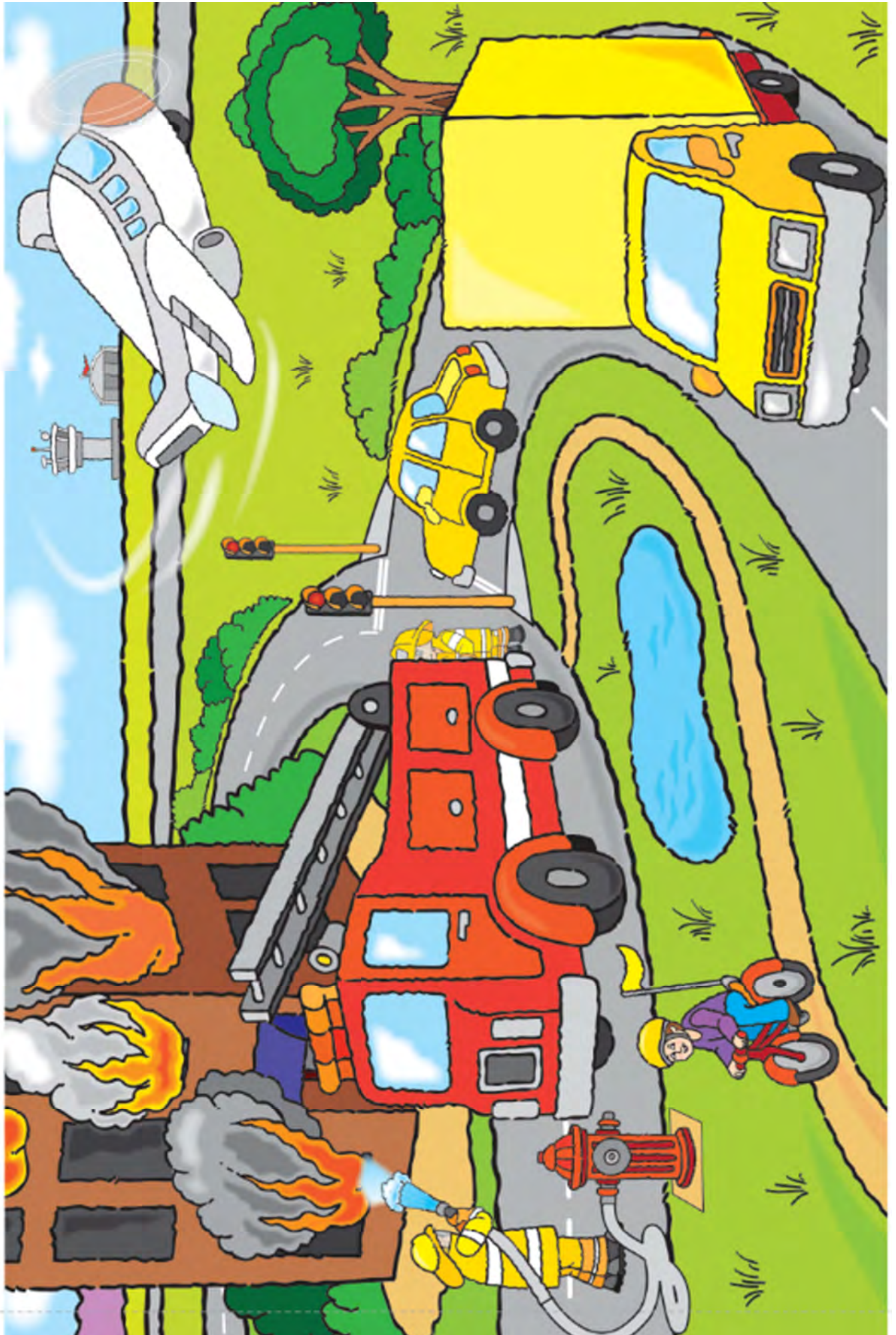
Put your feet flat in front of your hands and walk around the room with your hips up high like a bear!



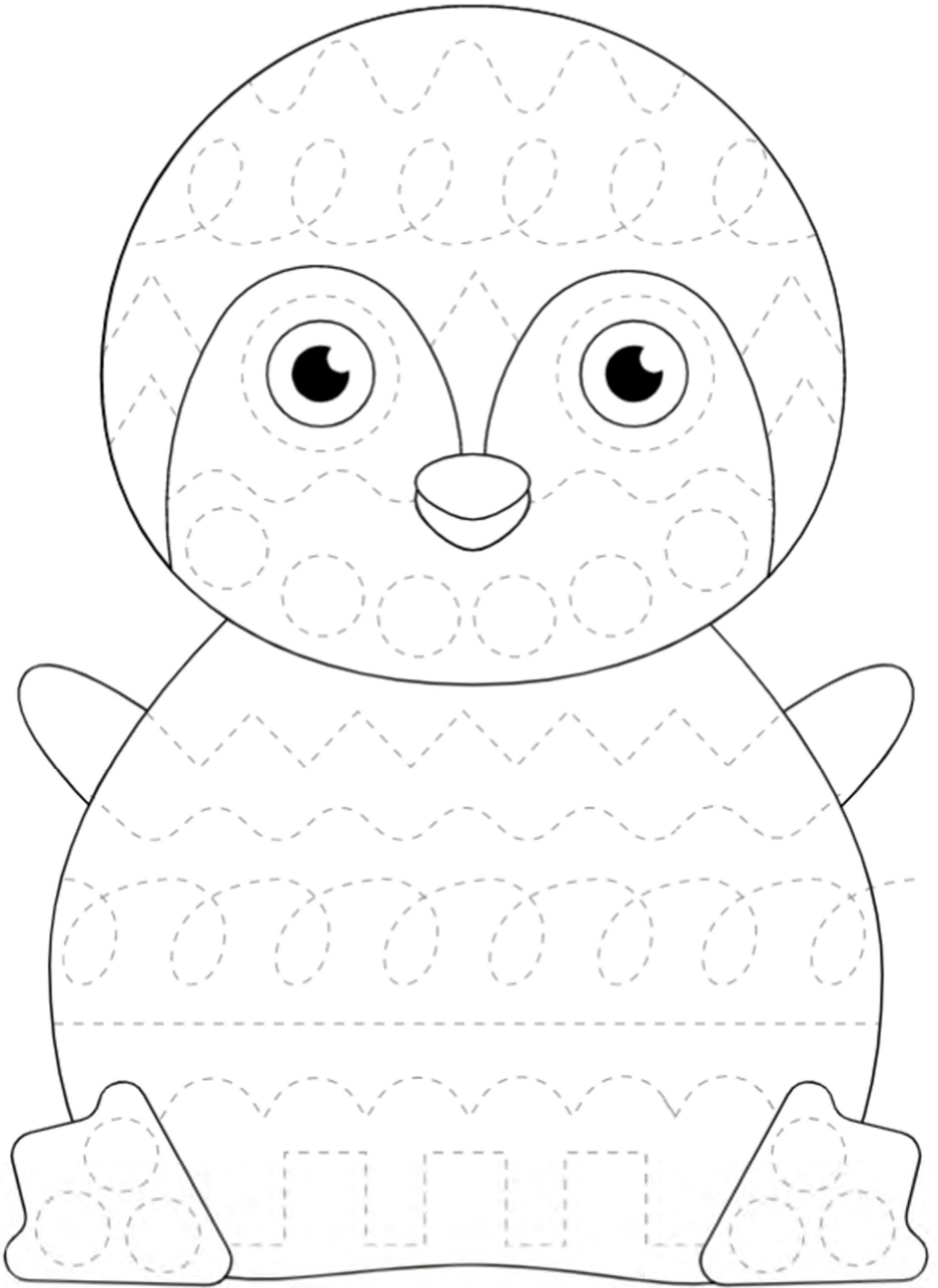
Run on the spot as fast as you can, imagining that you are a cheetah racing across the desert!



## Transport Scene



*Please put this resource into a plastic wallet or laminate for future use, if you are able to do so.*





Please use this page to help your child each time they use a writing implement.

# 1 Nip



# 2 Flip



# 3 Grip



*Please print two copies for the matching game and then cut up these flashcards to use.*

*Please keep the flashcards for future use.*

**0**

**1**

**2**

**3**

**4**

**5**

**6**

**7**

**8**

**9**

**10**