

## ACTIVITY GOALS

- I will demonstrate ball control and accuracy while working cooperatively with my friends.


## TEACHING TIPS

- Soft Touches Keep Control
- Use All of Your Foot
- Head Up on the Dribble


## ACTIVITY SET-UP \& PROCEDURE

## Equipment:

- 1 soccer ball
- 2 cones or markers


## Set-Up:

1. Determine a starting point. Place the soccer ball there.
2. Place 2 cones (spaced $2-3$ feet apart) approximately $10-20$ paces away from the starting point.
3. 1 player assumes a crab position anywhere in the activity area, but not near the cones.


## Activity Procedures:

1. It's time to play Soccer Croquet! The object of the game is to see how many hits it takes you to pass the soccer ball through the wickets.
2. Player 1 will begin at the starting point. Count how many passes it takes you to pass the ball through the 2 cones (the first wicket).
3. Then, keep counting and see how many more passes it takes you to pass the ball under the player making a crab pose (the second wicket).
4. Switch roles (someone else becomes the wicket) and play again. The player with the lowest score wins that round!

Tips:

- Use the inside of your foot to pass the ball. This will improve your accuracy.

Vary the distance in between the wickets to increase or decrease the difficulty.

- Change your crab pose to another position that supports muscular endurance (plank, squat, etc.).

EATING HEALTHY 101

- Balance It Out: Muscular fitness is only 1 aspect of balanced wellness. We also need to make sure that we are eating a healthy, well-balanced diet. This includes counting the number of sugar-sweetened beverages you drink each day. Just like in Soccer Croquet, the lowest score wins. Aim for a score of zero whenever possible!


Ballet is surprisingly good for physical fitness.



As important as it is to be healthy and active, it is equally important to do something you really enjoy. Try lots of different activities, because you never know what you might like.

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# Healthy Mind, Healthy Body: Find Your Sport 

## Questions

1. What sorts of sports, games or activities do you like to do?
2. What do you think the boy in the story's reaction is to being exposed to different sports?
3. How would you describe the differences between the two main characters?
4. Why do you think the boy said he hated sports?
5. What sorts of activities do you think the boy would be into?
6. What sports or activities would you advise for the boy in the comic? Why?
7. Which one of these sports would you most like to do or try? Why?
8. What purpose did the author have for creating this comic?

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## Date

$\qquad$

## Mr. and Mrs. Jones

1. What arguments did Mr. Jones have to support his opinion that living in the city would be better?
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$\qquad$
2. What arguments did Mrs. Jones have to support her opinion that living in the country would be better?
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$\qquad$
3. What could be two positives and two negatives for Mr. and Mrs. Jones living in a camper van?
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4. Write a list of all the positive and negative characteristics of where you live.
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$\qquad$
$\qquad$
$\qquad$


## Narrative Planning Template

Title $\qquad$

| Orientation |  |  |  |
| :--- | :--- | :--- | :---: |
| Setting | Characters | Mood |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

## Complication

## Events and Climax

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Lunch Items


Mini Pizzas
6 pizzas per box

\$20.00 Sushi 20 rolls per pack



## 100

## PANDORAS PARTY PALLACE

## Decoreitions



Serving supplies

$\$ 1.50 \underset{ }{\substack{\text { Serviettes } \\ 100 \\ \text { per pack }}}$


Taylor's class was having an end-of-year party. Taylor Taylor asked to bring the drinks. His budget for the drinks was $\$ 20$.
 class party?
List some possibilities.

© teachstarter
Amy's friends came over to her place for a movie night.
Amy bought 3 packs of popcorn to share with her
friends.
How many snack-size popcorn packets did Amy have at
her movie night?
Calculate the total cost of 3 packs of popcorn.
PANDORNB PARTM PALMS
Mario is planning a pizza party for his birthday. He
needs 24 mini pizzas to feed his friends.
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Calculate the total cost of the mini pizzas for Mario's
birthday party.
Calculate the total cost of the mini pizzas for Mario's
birthday party.
needs 24 mini pizzas to party for his birthday. He
buy?

Calculate the total cost of the sweet treats for Lucy's
party.
pandorás party pallace
Lucy is buying some sweet treats for a party. She needs at least 50 sweet treats, but she doesn't want more than 60. the party?

List some possibilities.
What combinations of sweet treats could Lucy buy for -


[^0]PANDORNA PARTM PAMACE
Sam decided to buy sushi rolls and chicken nuggets for his birthday party. He wanted each guest to have 5 pieces of sushi and 5 chicken nuggets.

If Sam invited 10 guests, how many boxes of chicken nuggets and packs of sushi did he need to buy?

Calculate the total cost for Sam's party food.
2momens c:ampancer Daniel and his family were going on a picnic with his cousins. Daniel's family was asked to bring the paper plates, cups and serviettes.
If 40 people were going to the picnic, how many packs of paper plates, cups and serviettes did Daniel's family have to buy? supplies? How much did Daniel's family spend on serving
PANDORA'S PARTY PALLAEE
As a special treat, Mr Wright wants to buy his class lollipops.
If there are 28 children in the class, calculate for Mr Wright:

- the total number of packs of lollipops - the total cost of the lollipops.
pandorás party palace


PANDORA'S PARTY RALLAGE
мวu amos sof fauou asici of ון play equipment. They bought 12 boxes of cupcakes
 the stall for $\$ 1$.

Calculate:

- the total cost of the cupcakes

As part of their end-of-school year celebration,
Principal Jones bought yoghurt ice blocks for every child in the school.

If there are 250 students in the school, how many boxes of ice blocks did Principal Jones buy?

Calculate the total cost for the ice blocks.

PANDORA'S PARTY PÁsLAGE Naomi wants to decorate her house with bunting to


Naomi needs 12 m of bunting to decorate the house.
Calculate how many packs of bunting Naomi needs and the total cost.
(E) teachstarter
(5) teachstarter
On the weekend, Jenny had a party for her 10th
birthday. Calculate the total cost for the party if Jenny
bought:

- 4 packs of balloons
- 3 packs of streamers
- 2 packs of bunting
- 3 boxes of cupcakes
- 3 boxes of mini pizzas
- 10 bottles of lemonade.
You have been given a budget of $\$ 100$ to organise your
own party, using items from Pandora's Party Palace.
After deciding how many guests you will invite, make a
list of the items you will buy and their total costs.
Calculate the total cost of the party to check that you
have come in under budget.
pandorás party pallacr

For a science experiment, Professor Paleo needed 180 balloons and 360 paper cups.

Calculate for the experiment:

- the total packs of balloons - the total packs of paper cups
- the total cost for the balloons and cups.

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## A LINE IS a dOt That Went for a walk..

A LiNe is Just a path created by a moving point.
Imagine where this man's line could go!"

Kitchentableclassroom.com

## LINE Directions, DRAW YOUR OWN...

DIAGONAL
Lines are set at AN ANGLE.

## kitchentableclassroom.com

## There are lots of kinds of Lines...

Thick, thin, wavy, Jagged are just afew. Fill the squares with as MANY KiNDS Of LINES AS YOU CAN THINK OF.


KITCHENTABLECLASSROOM.COM

## LINES CAN SHOW FEELINGS....

Imagine what kind of lines best express your feelings right now.


Kitchentableclassroom.com

## The power of repeating. ..

Repeat simple lines to create new patterns in each space.


KITCHENTABLECLASSROOM.COM

## LINESCAN SHOW MOTON...

draw something "in motion" and add lines to show where it's been or how it is moving.


# A LINE CLOSES TO CREATE ASHAPE.... Draw some examples of "closed" Lines. 


[^0]:    (ㄷ) teachstarter

[^1]:    

