

## Set 1

### Day 1

#### MORNING MEETING VIDEO

SeeSaw

#### MORNING FITNESS

Batman Workout

Slam Ball

Please refer to provided handouts for instructions

#### LITERACY Reading

Comprehension – *Brilliant Bike Riding*

A comprehension worksheet that allows children to work on finding the main idea of a text. Children read the text and answer the questions, either in a workbook or using the sheet provided. There is also a Crazy Creative Challenge that can be completed if you wish. **Spelling**

Look, Cover, Say, Write & Check- Refer to provided template and use the words below.

#### High Frequency Words List 21

let's, much, Ascot, told, another, great, why, cried, Belmont, room

Note: child must use capital letters for Proper Nouns

#### CRUNCH & SIP

#### LITERACY

#### Writing

Journal Writing

Explain to me what your daily routine is. Do you complete chores, eat breakfast or laze around on the couch? Describe each step and give me lots of detail! Your journal entry should be one page. Please use your own workbook.

#### LUNCH

#### MINDFULNESS

[www.smilingmind.com.au](http://www.smilingmind.com.au)

Find the website and create an account. Explore the website and pick one activity to complete.

#### NUMERACY

#### Basic Facts

Please complete the basic facts activity for **MONDAY**. This basic fact sheet is provided. You have 1 minute!

#### Times Tables

Please practice your 6 and 7 times tables. Please chant out loud.

#### Word Problems

Maths Word Problem Cards – *Addition and Subtraction*

Children complete problems 1–4 in their workbooks. Please refer to provided word problems.

#### Mathematics Activity

Addition with Regrouping to the Thousands Place Value

Please complete the given worksheets. This is a revision activity. Please make sure you demonstrate your working out.

#### AFTERNOON RECESS

#### SCIENCE

Save some seeds from fruits or vegetables you eat at home and plant them on some wet paper towel in a container or jar. Keep the seeds and paper towel wet and warm to give them the best chance of sprouting.

# BATMAN<sup>2.0</sup>

## WORKOUT

**10 sets**  
or as many as  
you can do

© neilarey.com  
rest between sets  
up to 2 minutes



**20** squats



**40** punches



**10** jumping lunges



**10** push-ups



**20** shoulder taps



**20** climbers



**10** cross punch sit-ups



**10** leg raises



**10** sitting twists

## SLAM BALL

### ACTIVITY GOALS

- I will demonstrate fair play and cooperation with others.

### TEACHING TIPS

- Aim for Target
- Move to Ball
- Soft Hands to Catch

### ACTIVITY SET-UP & PROCEDURE

#### Equipment:

- 1 hoop per 2 (or 4) players (or chalk circle on a sidewalk or driveway)
- 1 ball per 2 players (A playground ball or a tennis ball will work. Really, any ball that bounces and can be caught safely.)

#### Set-Up:

- 2 players stand on opposite sides of a hoop, at least 1 step away.
- If sharing a hoop, 2 other players can stand perpendicular at the same hoop.
- 1 player starts holding the ball.



#### Activity Procedures:

- It's time to play Slam Ball. The object of the game is to successfully catch the ball after it bounces in the hoop or chalk circle.
- To start the game, the 1st player throws the ball into the hoop. The 2nd player attempts to catch it.
- Scoring:
  - Ball does not hit inside the hoop (point for receiving player)
  - Ball hits inside the hoop, but does not bounce at least 1 step away from hoop (point for receiving player)
  - Ball hits inside the hoop and bounces over the head of the receiver (point for receiving player)
  - Ball is not successfully caught by receiving player (point for serving player)
- If 4 players are sharing a hoop and the 2 balls collide, this is a "slam," and the 2 players who threw the balls switch opponents.

#### Tips:

- Start with a cooperative version of Slam Ball. How many throws and catches can you make in a row?
- Ready for competition? Get an edge by throwing the ball so that it bounces out of the hoop with different trajectories.

EATING  
HEALTHY  
101

- FACT:** Slam ball is fun, but slamming your food isn't! Everyone can benefit from slowing down a little while they eat. It takes 20 minutes from the time you start to eat for your brain to tell you that you're full. Eating too quickly can lead to overeating and other digestive problems. So, slow down and enjoy your food!



## Brilliant Bike Riding

Bike riding is a great activity to do with your friends and family to keep fit and have fun. However, it is important that you stay safe during your bike ride.

Before you ride your bike, you should check a few things. Firstly, make sure your brakes are working and the blocks are not worn down. Secondly, check that your bike chain is oiled and not too loose. Thirdly, make sure that both the front and back tyres have plenty of air in them. Next, check the height of your seat. Your toes should be able to reach the ground. Finally, always wear a correctly-fitted helmet, bright clothing and check that your shoe laces are tied up.

During your bike ride, it is important to ride responsibly, even with your friends. If you are under the age of twelve, you should have an adult supervising you. It is a good idea to plan your bike ride to avoid heavy traffic areas and, where possible, use bike tracks. Remember to be safe and have fun!



## Brilliant Bike Riding

1. What is the main idea of this text?
2. What are three details that support the main idea?
3. Carefully read the text.

Underline any words which are repeated, or seem important. Write them down.

4. Another good title for this text could be.
  - a) Bike Riding Safety.
  - b) I Like Bike Riding.
  - c) Boring Bike Riding.
  - d) Leslie's Bike Riding Fun.

### CRAZY CREATIVE CHALLENGE

Write about a time you had fun bike riding with your family or friends.

If you haven't been riding before, then make up a story about a bike ride.

Name \_\_\_\_\_

Date \_\_\_\_\_

## Brilliant Bike Riding

1. What is the main idea of this text?

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2. What are three details that support the main idea?

Detail 1: \_\_\_\_\_

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Detail 2: \_\_\_\_\_

---

Detail 3: \_\_\_\_\_

---

3. Carefully read the text.

Underline any words which are repeated, or seem important. Write them down.

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4. Another good title for this text could be










- a) Bike Riding Safety.
- b) I Like Bike Riding.
- c) Boring Bike Riding.
- d) Leslie's Bike Riding Fun.



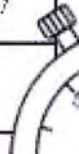


# Look, Say, Cover, Write, Check



  	 	 	 
Look, Say, Cover	Write and Check	Write and Check	Write and Check

Monday	Tuesday	Wednesday	Thursday	Friday



Monday	
1.	$9 + 6 =$ _____
2.	$8 + 7 =$ _____
3.	$12 + 4 =$ _____
4.	$13 + 7 =$ _____
5.	$5 + 6 =$ _____
6.	$7 + 7 =$ _____
7.	$8 + 5 =$ _____
8.	$10 + 7 =$ _____
9.	$9 + 9 =$ _____
10.	$12 + 7 =$ _____
11.	$8 + 4 =$ _____
12.	$13 + 3 =$ _____
13.	$11 + 7 =$ _____
14.	$8 + 9 =$ _____
15.	$5 + 9 =$ _____

**1.** Shinji is 182 cm tall. Jane is 169 cm tall. If Brian is 15 cm taller than Jane, what is the combined height of all three people?



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**2.** What is the difference between the largest and smallest number that can be made with the digits 6, 4, 9, 3, 0, 2?



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**3.** Janine wanted to buy a new laptop. The laptop costs \$1299, but has been reduced by \$249. If Janine has \$3423 in savings, how much money will she have left after she purchases the discounted laptop?



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4. The red team played five games of football. They lost the first game 1-3. They won the second and third games 2-1 and 4-0 respectively. The fourth game was a 2-2 draw. If they scored 12 goals and conceded 7 over the five games, what was the score of the last game?



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5. Mohammad has forgotten his password! He knows the first number and had written down sums to calculate the other three numbers. The third number equals the second number plus the first. The fourth number equals the third number minus 2. The second number equals the first number plus 4. If the first number is 2, what is the password?



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6. In a game of darts, my opponent had scored 321 points. I was 126 points behind my opponent and then scored the following points: 60, 6, 5, 3, 18, 5, 14, 22. Am I winning or losing?



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**7.** Neil decided to train for cross-country. On the first day of training he ran 3.2 km. On the second day he ran 5.4 km. On the 3rd and 4th day he ran a total of 8.9 km. If he ran 22 km in total after five days of training, how far did he run on the fifth day?



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**8.** There were 93 people on the high-speed train. 23 got off at the first station and 48 got off at the third station. If there are 5 people left on the train at the fourth station, how many got off at the second station?



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**9.** A shop buys skateboards for \$83 and sells them for \$159.95. If they have a sale and sell them for \$20 less, what is the profit on each skateboard sold?



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**10.** How many sandwiches were sold in total? 15 chicken were sold. Vegetarian sold 8 less than chicken. Beef was the most popular sandwich and sold 14 more than vegetarian.



**11.** A total of 96 239 fans attended the grand final of the World Cup. If 36 829 supported Germany and 48 293 supported Argentina, how many neutral supporters were in the stadium?



**12.** Susan loves sushi! She ordered a plate with 4 chicken and avocado rolls, 6 California rolls and 3 prawn rolls. Her second plate had two less of each. How many sushi rolls did she have in total?





**13.** Kevin is great at basketball. His team scored 24 points in the first quarter, 32 in the second, 19 in the third and 25 in the fourth. If his team mates scored 54 points, how many points did Kevin score?



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**14.** Jill's family fly 8 432 km to arrive at their favourite holiday destination. They are in mid-air and have flown 6 212 km. If the plane's tank of fuel can allow it to fly for 12 000 km, how much further could they fly from their current location?



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**15.** The class had their biggest exam of the year. The first half of the exam took 1 hour 40 minutes. They were allowed a 30 minute break before beginning the second part of the exam. If the exam began at 11.00 am and finished at 2.00 pm, how long did the second half of the exam take?



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**16.** The car's tank had 8.2 L of fuel remaining. It used 1.8 L driving to the supermarket and 2.4 L driving to the beach. If it needs 6 L to travel to the petrol station, will it make it without running out of fuel?



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**17.** Scott wanted to get to work at 8.00 am sharp. He stops at the shops for 13 minutes, after walking for 19 minutes. He then catches a bus for 32 minutes, then walks an additional 6 minutes. What time does he leave home?



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**18.** The book stand sold 678 magazines in the first month and 46 less than that in the second month. How many magazines did they sell in these two months?



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**19.** There are 88 elephants in the herd. 36 are male adults and 23 are children of which 10 are male. How many females are there in the herd?



**20.** On Monday, Jose had 198 apples, 139 oranges, and 55 pears available at his shop. That day, he sold 15 apples, 22 oranges, and 18 pears. How many pieces of fruit were remaining on Tuesday?





# Adding 4-Digit Numbers with Regrouping

LO: I can add 4-digit numbers with regrouping.

1

$$\begin{array}{r} 4078 \\ + 7806 \\ \hline \\ \hline \end{array}$$

2

$$\begin{array}{r} 3020 \\ + 7033 \\ \hline \\ \hline \end{array}$$

3

$$\begin{array}{r} 8389 \\ + 2094 \\ \hline \\ \hline \end{array}$$

4

$$\begin{array}{r} 1938 \\ + 8398 \\ \hline \\ \hline \end{array}$$

5

$$\begin{array}{r} 8784 \\ + 9969 \\ \hline \\ \hline \end{array}$$

6

$$\begin{array}{r} 8580 \\ + 1887 \\ \hline \\ \hline \end{array}$$

7

$$\begin{array}{r} 9771 \\ + 8489 \\ \hline \\ \hline \end{array}$$

8

$$\begin{array}{r} 5602 \\ + 9250 \\ \hline \\ \hline \end{array}$$

9

$$\begin{array}{r} 2851 \\ + 2330 \\ \hline \\ \hline \end{array}$$

10

$$\begin{array}{r} 8976 \\ + 7249 \\ \hline \\ \hline \end{array}$$

11

$$\begin{array}{r} 6942 \\ + 3220 \\ \hline \\ \hline \end{array}$$

12

$$\begin{array}{r} 7238 \\ + 5733 \\ \hline \\ \hline \end{array}$$

13

$$\begin{array}{r} 4265 \\ + 8270 \\ \hline \\ \hline \end{array}$$

14

$$\begin{array}{r} 8811 \\ + 2787 \\ \hline \\ \hline \end{array}$$

15

$$\begin{array}{r} 1899 \\ + 8179 \\ \hline \\ \hline \end{array}$$

16

$$\begin{array}{r} 6073 \\ + 6379 \\ \hline \\ \hline \end{array}$$

Challenge:

1

$$\begin{array}{r} 2\_32 \\ + 31\_2 \\ \hline \\ \hline \end{array}$$

2

$$\begin{array}{r} 96\_ \\ + 6\_80 \\ \hline \\ \hline \end{array}$$

3

$$\begin{array}{r} 25\_7 \\ + \_39\_ \\ \hline \\ \hline \end{array}$$

4

$$\begin{array}{r} 8\_2\_ \\ + \_060 \\ \hline \\ \hline \end{array}$$

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## 2 Unit 2 Lesson 1: Adding to 4-digit numbers with regrouping

### More Practice

1. Find the sum of 3645 and 1458.

$$3645 + 1458 = \underline{\hspace{2cm}}$$

The sum of 3645 and 1458 is \_\_\_\_\_.

Th	H	T	O
3	6	4	5
+	1	4	5
<hr/>			

2. Add.

a)

	2	4	0	8
+		1	9	3
<hr/>				
<hr/>				

b)

	5	4	3	7
+	2	6	2	5
<hr/>				
<hr/>				

c)

	3	2	8	4
+	2	8	6	2
<hr/>				
<hr/>				

3. Add.

a)  $6565 + 553 = \underline{\hspace{2cm}}$



b)  $1603 + 3487 = \underline{\hspace{2cm}}$



c)  $4434 + 3989 = \underline{\hspace{2cm}}$



d)  $7903 + 1297 = \underline{\hspace{2cm}}$



## Adding 4-Digit Numbers with Regrouping: Answers

Question	Answer
1	11884
2	10053
3	10483
4	10336
5	18753
6	10467
7	18260
8	14852
9	5181
10	16225
11	10162
12	12971
13	12535
14	11598
15	10078
16	12452
Challenge	
1	$2132 + 3152 = 5284$
2	$9617 + 6580 = 16\ 197$
3	$2567 + 5398 = 7965$
4	$8821 + 2060 = 10\ 881$