

## Set 1

### Day 1

#### MORNING MEETING VIDEO

SeeSaw

#### MORNING FITNESS

Complete one of the Super Hero Workouts

#### LITERACY Reading

##### Comprehension – The Great Wise Owl

Children read the text and answer the questions using the sheet provided. You will complete the challenge for writing.

##### Spelling

##### Look, Cover, Say, Write & Check

Using the provided Week 9 Spelling List, students practice their words using the Look, Cover, Say, Write & Check template.

*High Frequency Words List 21* : let's, much, Ascot, told, another, great, why, cried, Belmont, room

#### CRUNCH & SIP

#### LITERACY

Journal: Students use their journal to write for 10-15mins. Upload picture to Seesaw and file it under Daily Journal.

Topic: If you could visit anywhere in the world, where would you go?

Writing Activity: Using the information from the text "The Great Wise Owl", create a story map for a narrative about a wise old owl and a little girl. Using the blank space in your work pack fold your sheet into 8 squares. Use the first square for the title of your story. The rest of the squares are for you to draw the story.

#### LUNCH

#### MINDFULNESS [www.smilingmind.com.au](http://www.smilingmind.com.au)

Please login and create a free account online and track your progress.

#### NUMERACY

##### Basic Facts

Complete Mental Maths sheet for the day.

##### Word Problems

Complete Word Problems 1-3 into your work book. Cut out and glue problem into book and show your working out underneath.

##### Mathematics Activity

Length – Which Plane Flies Best?

In this investigation, the children imagine that they are entering a paper plane competition. They will design three different paper planes and complete steps 1–4 of the procedure.

##### Consolidation

Spend half hour on Khan Academy - Early Maths activities mastering concepts.

#### AFTERNOON RECESS

## **SCIENCE**

### Animals

We have been learning about different types of animals in Term 1.

Complete the worksheet 'Animal Facts' and tick the statements that are true for each type of animal.

# Morning Fitness Activities



## CAPTAIN AMERICA

NEILA REY WORKOUT neilarey.com



120 steps / 30sec  
run on the spot



80 punches



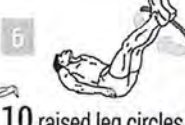
10 knee tuck jumps



20 sit-ups



10 butt-ups



10 raised leg circles



10 push-ups



10 back rotations



20 doorframe rows

level I 3 sets level II 5 sets level III 7 sets rest between sets up to 2 minutes



NEILA REY WORKOUT

neilarey.com

10 sets

or as many as you can do  
rest between sets  
up to 2 minutes



40 knee-to-elbow



20 squats



20 climbers



10 planks w/rotations



20 deep lunges



40sec elbow plank



10 sit-ups



20 sitting cross punches



10 push-ups



NEILA REY WORKOUT neilarey.com



40 side leg raises



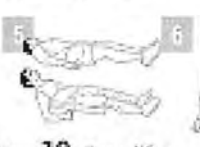
40 biceps curls



20 floor taps



10 reverse plank kicks



10 elbow lifts



80 punches



20 plank leg rolls



10 push-ups



10 seagulls

level I 3 sets level II 5 sets level III 7 sets rest between sets up to 2 minutes



10 sets

or as many  
as you can do  
rest between sets  
up to 2 minutes

NEILA REY

WORKOUT  
© neilarey.com



40 high knees



20 fly steps



20 squats



10 push-ups



30sec elbow plank



20 plank arm raises



40 climbers



10sec star plank



10 superman

# Superhero Workouts



## The Great Wise Owl

Owls are known as the bird of prey. They are nocturnal, which means they sleep during the day and hunt for their prey at night.

Owls have forward-facing eyes and a hooded beak. As they do not have teeth, they use their sharp beak to help them tear apart their food. They also have powerful claws which help them to catch their prey. The colour of an owl's feathers can be brown, grey, white and black. The mix of colours provides a nice camouflage for the owl in their environment.

There are more than 200 species of owls that live in deserts, mountain areas, open grasslands and forests. Owls are carnivores, which means they eat meat. They hunt insects, small mammals and other small birds during the night.

Owls most commonly lay between three and four eggs. They are white and round. The eggs do not hatch at the same time. The life span of an owl is approximately twenty years.



## The Great Wise Owl

1. What is the main idea of this text?
2. What are three details that support the main idea?
3. Carefully read the text.

Underline any words which are repeated, or seem important. Write them down.

4. Another good title for this text could be.

- a) My Pet Owl.
- b) All about the Owl.
- c) Oliver the Owl.
- d) The Story of the Very Wise Owl.

### CRAZY CREATIVE CHALLENGE

Using the information in this text, create a story map for a narrative about a wise old owl and a little girl.

Name \_\_\_\_\_

Date \_\_\_\_\_

## The Great Wise Owl

1. What is the main idea of this text?

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2. What are three details that support the main idea?

Detail 1: \_\_\_\_\_

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Detail 2: \_\_\_\_\_

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Detail 3: \_\_\_\_\_

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3. Carefully read the text.

Underline any words which are repeated, or seem important. Write them down.

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4. Another good title for this text could be





- a) My Pet Owl.
- b) All about the Owl.
- c) Oliver the Owl.
- d) The Story of the Very Wise Owl.





# Look, Say, Cover, Write, Check



 <b>Look, Say, Cover</b>		 <b>Write and Check</b>		 <b>Write and Check</b>		 <b>Write and Check</b>	
Monday		Tuesday		Wednesday		Thursday	

# Mental Maths

Monday

x3

1.  $8 - 5 = \underline{\quad}$
2.  $3 + 9 = \underline{\quad}$
3.  $5 + 0 = \underline{\quad}$
4. What number is made up of 9 hundreds, 7 tens and 2 ones?
5. Complete this counting pattern:  
19, 29, 39, 49,       ,       ,
6. What is the sum of 19 and 9?
7. I have 4 marbles. Alice has some marbles too. Together we have 21 marbles. How many marbles does Alice have?
8. 5 cents + \$2.00 =
9. At 4 o'clock, the hour hand points to       .
10. How many corners does a triangle have?

[illegible]



**1.** Shinji is 182 cm tall. Jane is 169 cm tall. If Brian is 15 cm taller than Jane, what is the combined height of all three people?



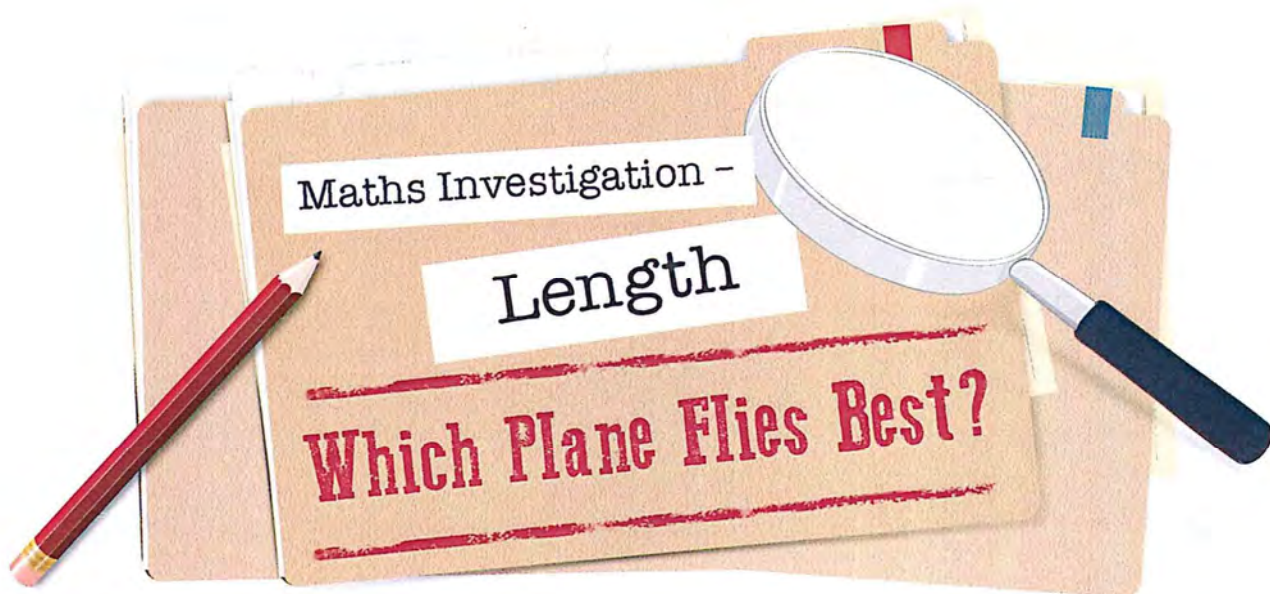
**2.** What is the difference between the largest and smallest number that can be made with the digits 6, 4, 9, 3, 0, 2?



**3.** Janine wanted to buy a new laptop. The laptop costs \$1299, but has been reduced by \$249. If Janine has \$3423 in savings, how much money will she have left after she purchases the discounted laptop?







## The Scenario

Every year, your town holds a paper plane flying competition. Children design their own paper planes, then fly them against each other. The designer of the paper plane that flies the furthest is the winner!

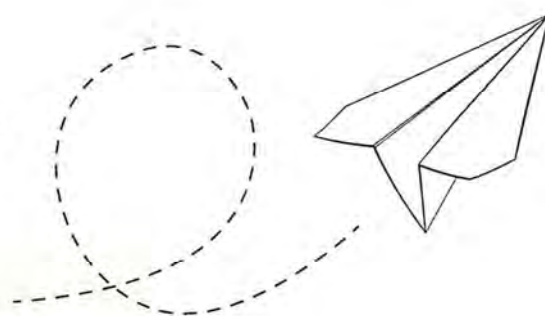
This year, you are finally old enough to enter the competition. There is only one problem - you have designed three different paper planes and you can't decide which one to enter in the competition!

You have decided to test all three of your paper plane designs to see which one flies the furthest. You will accurately measure and record the distance flown by each paper plane, then use the information to make a decision about which design to enter in the competition.

## The Task

**Design three different paper planes to test for the paper plane flying competition.**

**Follow the competition rules, set out below.**



## Competition Rules

- Each paper plane must be constructed from a single piece of A4 paper.
- The exterior of the paper plane may be decorated using pencils or markers only.
- Attachments of any kind are not permitted.
- The use of tape, glue or adhesives of any kind is not permitted.
- Rips may be made in the paper plane by hand. The use of scissors is not permitted.



# The Procedure

## 1. Check your understanding of the task

Carefully read through the task and the list of competition rules. If there are any instructions that you do not understand, ask your teacher to explain them to you.

## 2. Design and construct your paper planes

Design, construct and decorate three different paper planes. Draw or take a photograph of each design to be recorded on the Designing and Constructing Worksheet. Remember to follow the competition rules throughout the design and construction process.

## 3. Make a prediction

Which paper plane design do you think will fly the furthest and why? Record and explain your ideas on the Conducting the Investigation Worksheet.

## 4. Choose a scaled measuring instrument

Decide how to best measure the distance flown by each paper plane during the test flights. Record and explain the reasons for your choice on the Conducting the Investigation Worksheet.

## 5. Conduct three test flights for each paper plane design

Test each paper plane three times. Use your chosen scaled measuring instrument to record the distance flown on each test flight, then record the distances in the table provided. Calculate the total distance flown by each paper plane by adding the three distances from each test flight together.

## 6. Make a decision

Based on the results of the investigation, decide which paper plane design to enter in the competition.

## The Materials

- Blank sheets of A4 paper
- Scaled measuring instruments (small ruler, large ruler, tape measure, trundle wheel)
- Coloured pencils or markers



Name \_\_\_\_\_ Date \_\_\_\_\_

## Designing and Constructing

Design and construct three different paper planes. Give each design an interesting name. Draw a sketch or take a photograph of each design to display in the boxes below. Write a sentence to explain the features of each design.

Design 1: \_\_\_\_\_

Design 2: \_\_\_\_\_

Design 3: \_\_\_\_\_



# Animal Facts

What type of animal are the statements below true for? Use ticks to show.

	Statement	mammal	bird	reptile	amphibians	fish
1	It is cold-blooded.					
2	It is warm-blooded.					
3	It has scales and fins.					
4	It lays eggs.					
5	It gives birth to live young.					
6	It can live on land and under water.					
7	It has webbed feet and wet skin.					
8	It has feathers and wings.					
9	It has scales and dry skin.					
10	The mother provides babies with milk.					
11	It has fur.					